

GIRLS DIVISION STAFF:

SUGGESTED PACKING LIST

- 10 Pairs of Underwear
- 10 Pairs of Socks
- 4 Skirts
- 7-10 Shirts
- 1-2 pairs of leggings
- 2 sets of Shabbos Clothing
- 1 Swimsuit
- 2 Sweatshirts
- 1 Warm Sweater
- 1 Warm Jacket
- Sneakers
- Water Sandals/ Shoes
- 2 Towels
- 2 Hand Towel
- Flashlight with Extra Batteries
- 1 Lightweight Poncho or Rainwear **(Required)**
- 1 Rain boots
- 1 Warm Sleeping Bag
- 1 Pillow
- Toiletries
- Bug Repellent
- Camera (optional)
- 1 Backpack
- 1 Duffel Bag
- Passport And Driver's License

Campers and staff will have the opportunity to wash their clothes several times during the trip at Project Extreme's expense. **Please make sure to have sufficient warm clothing packed, as the weather is cold in the early morning and evening.**

Do NOT Bring any of the following: Ipods, Ipod Touch, Ipads, tablets, or laptops. Do not bring any devices with internet or video capability. Only approved music devices will be allowed to be used during camp. Non approved devices will be kept in the camp safe until the conclusion of the program.

Cell phones may be brought to camp for use during travel to and from the program but will be put away upon arrival and returned to staff at the conclusion of the program. Cell phones may not be used during the program, even for camera, game or music purposes.

Many of our participants have received mixed messages regarding hashkafah and yidishkeit. One of the ways that we counter this confusion is by setting clear guidelines and hiring staff that can serve as religious and healthy role models. Just as the Staff is required to adhere to laws of Shabbos and Kashrus, we require a strict halachic dress code of wearing skirts/dresses that cover the knee, shirts that cover the elbow, and high necklines. Stockings and/or closed toe shoes are up to the preference of the staff member and are not specifically requested.

Although all duffel bags will be placed under waterproof tarps, it is recommended to pack clothing items in Ziploc/garbage bags (within the duffel) to protect clothing from outdoor weather conditions. Everything must fit into one duffel bag and one backpack excluding your sleeping bag. **Do not use a hard suitcase!**